Hockey Innerschwyz

Saison 2024 / 2025

Hallenbelegungsplan Küssnacht a.R. & Zingel Seewen

KW 1 - 2025

Wichtige Daten: U18 Women's World Championship / 05. - 12.01.2025 / Espo - Vantaa / FIN

Montag, 6. Januar 2025

Zeit	Seewen	Gardrobe	Küssnacht	Gardrobe
07:15				
07:30				
07:45				
08:00				
08:15				
08:30				
08:45				
09:00				
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12:30				
12:45				
13:00				
13:15				
13:30				
13:45				
14:00				
14:15				
14:30	Torhütertraining			
14:45	U13+U11			
15:00	16:45-17:30			
15:15	U15			
15:30	17:30-18:15			
15:45	U17			
16:00	18:15 - 18:45			
16:15	U20+MyHL			
16:30	19:00 - 19:30			
16:45	Eisreinigung		Eisreinigung	
17:00	EHC	Off-Ice 18:00	KSC	Off-Ice 18:00
17:15	U09		U09	
17:30	Eistraining		Eistraining	
17:45	16:45 - 17:45		16:45 - 17:45	
18:00	HCI	Off-Ice 19:00	KSC	Off-Ice 16:45
18:15	U15		U11	
18:30	Eistraining		Eistraining	
18:45	17:45 - 18:45		17:45 - 18:45	
19:00	Eisreinigung		Eisreinigung	
19:15	HCI		HCI	
19:30	U20		U13 Stationentr.	
19:45	Eistraining		Eistraining	
20:00	19:00 - 20:00		19:00 - 20:00	
20:15	Eisreinigung		Eisreinigung	
20:30	Seewen		KSC	
20:45	MSL		KSC 2	
21:00	Eistraining		Eistraining	
21:15	20:15 - 21:15		20:15 - 21:30	
21:30	Eisreinigung			
21:45			Eisreinigung	
22:00				
22:15				
22:30				
22:45				
23:00				
23:15				
23:30				
23:45				
24:00				

Off-Ice 18:00 (Seewen 17:00 - 18:45); Off-Ice 19:00 (Seewen 18:15 - 19:45); Off-Ice 18:00 (Küssnacht 17:00 - 18:45); Off-Ice 16:45 (Küssnacht 18:15 - 19:45); Off-Ice 19:00 (Küssnacht 19:15 - 20:45)

Teams Auswärts:

Bus 1 = EHC Seewen Bus	15
Bus 2 = Garage Reichlin, Ibach	15
Bus 3 = Garage Reichlin, Küssnacht	13
Bus 4 = Heinzer AG, Seewen	9

Dienstag, 7. Januar 2025

Zeit	Seewen	Gardrobe	Küssnacht	Gardrobe
07:15				
07:30	Eisreinigung			
07:45	Talentklasse			
08:00	Seewen			
08:15	Eistraining			
08:30	07:30 - 08:30			
08:45	Eisreinigung			
09:00				
09:15				
09:30				
09:45				
10:00				
10:15				
10:30				
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15:00				
15:15				
15:30				
15:45				
16:00				
16:15				
16:30				
16:45	Eisreinigung			
17:00	EHC	Off-Ice 18:00		
17:15	U11			
17:30	Eistraining			
17:45	16:45 - 17:45			
18:00	HCI	Off-Ice 19:00		
18:15	U15			
18:30	Eistraining			
18:45	17:45 - 18:45			
19:00	Eisreinigung			
19:15	HCI			
19:30	U17			
19:45	Eistraining		Eisreinigung	
20:00	19:00 - 20:00		KSC	
20:15	Eisreinigung		KSC 1	
20:30	Seewen		Eistraining	
20:45	Team 2		19:45 - 21:00	
21:00	Eistraining			
21:15	20:15 - 21:30		Eisreinigung	
21:30				
21:45	Eisreinigung			
22:00				
22:15				
22:30				
22:45				
23:00				
23:15				
23:30				
23:45				
24:00				

Off-Ice 18:00 (Seewen 17:00 - 18:45); Off-Ice 19:00 (Seewen 18:15 - 19:45); Off-Ice 18:00 (Küssnacht 17:00 - 18:45); Work-out 19:00 (Küssnacht 19:15 - 20:45)

Teams Auswärts

Mittwoch, 8. Januar 2025

Zeit	Seewen	Gardrobe	Küssnacht	Gardrobe
07:15				
07:30				
07:45				
08:00				
08:15				
08:30				
08:45				
09:00				
09:15				
09:30				
09:45				
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14:30				
14:45				
15:00				
15:15				
15:30				
15:45				
16:00				
16:15				
16:30				
16:45	Eisreinigung			
17:00	HCI			
17:15	U15-Top			
17:30	MS-19			
17:45	17:00			
18:00	HCI			
18:15	vs			
18:30	Dragon Thun			
18:45	Warm-up			
19:00	16:45 - 17:00		Eisreinigung	
19:15	Eisreinigung		HCI	
19:30	Seewen		U13-Elit	
19:45	MyHL		Eistraining	
20:00	Eistraining		19:00 - 20:00	
20:15	19:15 - 20:15		Eisreinigung	
20:30	Eisreinigung		HCI	
20:45	HCI		U17	
21:00	U20		Eistraining	
21:15	Eistraining		20:15 - 21:15	
21:30	20:30 - 21:30		Eisreinigung	
21:45	Eisreinigung			
22:00				
22:15				
22:30				
22:45				
23:00				
23:15				
23:30				
23:45				
24:00				

Teams Auswärts

Donnerstag, 9. Januar 2025

Zeit	Seewen	Gardrobe	Küssnacht	Gardrobe
07:15				
07:30	Eisreinigung			
07:45	Talentklasse			
08:00	Seewen			
08:15	Eistraining			
08:30	07:30 - 08:30			
08:45	Eisreinigung			
09:00				
09:15				
09:30				
09:45				
10:00				
10:15				
10:30				
10:45				
11:00				
11:15				
11:30				
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14:15				
14:30				
14:45				
15:00				
15:15				
15:30				
15:45				
16:00				
16:15				
16:30				
16:45	Eisreinigung		Eisreinigung	
17:00	EHC		KSC	
17:15	U09		U09	
17:30	Eistraining		Eistraining	
17:45	16:45 - 17:45		16:45 - 17:45	
18:00	EHC		KSC	
18:15	U11		U11	
18:30	Eistraining		Eistraining	
18:45	17:45 - 18:45		17:45 - 18:45	
19:00	Eisreinigung		Eisreinigung	
19:15	HCI		HCI	
19:30	U20		U15-Top	
19:45	Eistraining		Eistraining	
20:00	19:00 - 20:00		19:00 - 20:00	
20:15	Eisreinigung		Eisreinigung	
20:30			KSC	
20:45			KSC 1	
21:00			Eistraining	
21:15			20:15 - 21:15	
21:30			Eisreinigung	
21:45			KSC	
22:00			Senioren	
22:15			Eistraining	
22:30			21:30 - 22:45	
22:45				
23:00			Eisreinigung	
23:15				
23:30				
23:45				
24:00				

Work-out 20:15 (Küssnacht 19:00 - 20:45)

Teams Auswärts

Freitag, 10. Januar 2025

Zeit	Seewen	Gardrobe	Küssnacht	Gardrobe
07:15				
07:30				
07:45				
08:00				
08:15				
08:30				
08:45				
09:00				
09:15				
09:30				
09:45				
10:00				
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14:30				
14:45				
15:00				
15:15				
15:30				
15:45				
16:00				
16:15				
16:30				
16:45	Eisreinigung			
17:00	HCI			
17:15	U13-Top & A			
17:30	Eistraining			
17:45	16:45 - 17:45			
18:00	HCI			
18:15	U13-Elit			
18:30	Eistraining			
18:45	17:45 - 18:45			
19:00	Eisreinigung			
19:15	Seewen		Eisreinigung	
19:30	MyHL		HCI	
19:45	Eistraining		U17	
20:00	19:00 - 20:00		Eistraining	
20:15	Eisreinigung		19:15 - 20:15	
20:30	Seewen		Eisreinigung	
20:45	Senioren		KSC	
21:00	Eistraining		KSC 2	
21:15	20:15 - 21:30		Eistraining	
21:30			20:30 - 21:45	
21:45	Eisreinigung			
22:00			Eisreinigung	
22:15				
22:30				
22:45				
23:00				
23:15				
23:30				
23:45				
24:00				

Teams Auswärts

Samstag, 11. Januar 2025

Zeit	Seewen	Gardrobe	Küssnacht	Gardrobe
07:15				
07:30				
07:45				
08:00				
08:15				
08:30				
08:45				
09:00				
09:15				
09:30				
09:45				
10:00				
10:15	Eisreinigung			
10:30	Seewen			
10:45	U11-2 (HCI 4)			
11:00	MS-TU-WR			
11:15	10:30 - 12:30		Eisreinigung	
11:30	Seewen	1	KSC	
11:45	Luzern	2	Hockeyschule	
12:00	NWU Red	3	11:15 - 12:15	
12:15	EVZ Nachwuchs	4		
12:30	Aufbau: ab 10:15		Eisreinigung	
12:45	Abbau: ab 12:30		HCI	
13:00	Eisreinigung		U13-Top	
13:15	EHC		MS-13	
13:30	Hockeyschule		12:45	
13:45	13:00 - 14:00		HCI 1	
14:00			vs	
14:15	Eisreinigung		Lugano 1 Nero	
14:30			Warm-up	
14:45			12:30 - 12:45	
15:00			Eisreinigung	
15:15				
15:30				
15:45				
16:00				
16:15	Eisreinigung			
16:30	HCI			
16:45	U13-Elit			
17:00	MS-13		Eisreinigung	
17:15	16:30		KSC 2	
17:30	HCI		4. Liga	
17:45	vs		MS-09	
18:00	SCB Future		17:15	
18:15			KSC	
18:30	Warm-up		vs	
18:45	16:15 - 16:30		Sursee	
19:00	Eisreinigung			
19:15	Seewen			
19:30	Team 2		Warm-up	
19:45	MS-10		17:00 - 17:15	
20:00	19:15		Eisreinigung	
20:15	Seewen			
20:30	vs			
20:45	Akademischer			
21:00	EC Zürich			
21:15	Warm-up			
21:30	19:00 - 19:15			
21:45	Eisreinigung			
22:00				
22:15	Seewen MyHL MS-24 / 17:00	CAR		
22:30	Franches Montagnes / Saignelégier			
22:45	KSC 1 MS-15 / 20:15	PW		
23:00	Schaffhausen / Schaffhausen			
23:15	U15-Top MS-20 / 15:00	1		
23:30	Lugano / Corner Arena, Lugano			
23:45	U15-A MS-15 / 15:15	PW		
24:00	EVZ Nachwuchs / Academy Arena, Zug			

Teams Auswärts:

U13-Top HCI 2 MS-13 / 13:30 HCAP Giovani / Ambri	2
U13-A-2 MS-12 / 17:15 Wohlen Freiamt / Wohlen	PW
U11-2 HCI-3 (KSC) MS-TU / 08:30 - 10:30 LUNOXX Seetal / Hochdorf	PW
U09-2 HCI-4 (EHC) MS-TU / 12:45 - 14:45 Argovia Stars / Wettingen	PW

Sonntag, 12. Januar 2025

Zeit	Seewen	Gardrobe	Küssnacht	Gardrobe
07:15				
07:30				
07:45				
08:00				
08:15				
08:30				
08:45				
09:00				
09:15				
09:30				
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14:15				
14:30				
14:45				
15:00				
15:15				
15:30				
15:45	Eisreinigung		Eisreinigung	
16:00	HCI		KSC	
16:15	U20-A		Senioren D	
16:30	MS-16		MS-09	
16:45	16:00		16:00	
17:00			KSC	
17:15	HCI		vs	
17:30	vs		Sursee	
17:45	Burgdorf			
18:00	Warm-up		Warm-up	
18:15	15:45 - 16:00		15:45 - 16:00	
18:30	Eisreinigung		Eisreinigung	
18:45	Seewen			
19:00	Senioren			
19:15	MS- 09			
19:30	18:45			
19:45	Seewen			
20:00	vs			
20:15	Akademischer			
20:30	EC Zürich			
20:45	Warm-up			
21:00	18:30 - 18:45			
21:15	Eisreinigung			
21:30				
21:45				
22:00				
22:15				
22:30				
22:45				
23:00				
23:15				
23:30				
23:45				
24:00				

Teams Auswärts:

U13-A1 MS-13 / 10:45 Sursee / Sursee	PW
U09-1 Young Bulls MS-TU / 08:15 - 10:15 SC Lyss / Lyss	PW
U11-1 Young Bulls MS-TU / 09:00 - 11:00 SC Bern Future 2 / PFA, Bern	PW
U09-2 HCI-5 (KSC) MS-TU / 11:15 - 13:15 LUNOXX Girls / Engelberg	PW